## **Calm My Anxious Mind**

Series: Winning the War in Your Mind

Text: Philippians 4:6-9

Pastor Jamie Booth September 5, 2021

Philippians 4:6-9

Two Practical Steps I Can Take When I am Feeling Anxious, Worried or Concerned:	
1	
	Philippians 4:6-7
2	_
	Romans 8:5-6
I am going to do what I can do.	
I am going to give God what I can't do.	
I am going to trust God no matter what.	

Groeschel, Craig. Winning the War In Your Mind: Change Your Thinking, Change Your Life. Grand Rapids: Zondervan, 2021.