

Calm My Anxious Mind

Series: Winning the War in Your Mind

Text: **Philippians 4:6-9**

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Philippians 4:6-9

Two Practical Steps I Can Take When I am Feeling Anxious, Worried or Concerned:

1. _____

Philippians 4:6-7

2. _____

Romans 8:5-6

I am going to do what I can do.

I am going to give God what I can't do.

I am going to trust God no matter what.