

The Wisdom of Guarding Your Heart

Text: **Proverbs 4:23** (NIV)

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Introduction

Prov. 4:20-27

Prov. 4:23

Prov. 4:23

I. The _____ of Your Heart

Prov. 4:23

Prov. 4:23, ESV

A) We have one top priority

B) The all-encompassing nature of “the heart”

1. Intellectual capacity

2. Emotional capacity

3. Volitional capacity

4. Moral capacity

Prov. 14:10

Matt. 6:21

Mark 7:21-23

C) Thank God there is someone who understands our heart

Jer. 17:9

Jer. 17:10a

1 Sam. 16:7

Mark 12:30

Prov. 3:5-6

II. The _____ of Your Heart

Prov. 4:23

A) The protecting of your heart

Prov. 4:23

1 Pet. 5:8

Acts 5:3

B) Protect your heart by staying away FROM these things

1. Be careful with what you hear or listen to

Prov. 4:24, NLT

Prov. 6:16-19

2. Be careful with your eyes and what you look at

Prov. 4:25, NLT

Prov. 23:26

Heb. 12:2

3. Be careful where you go

Prov. 4:26-27

Prov. 21:2

C) Protect your heart WITH these things

1. Rejoicing in our salvation
2. Praise
3. Singing
4. Delighting in the Lord
5. Trusting in the Lord
6. Prayer
7. Repentance
8. The Word of God

Col. 3:1-4
Psa. 13:5
Psa. 86:12
Psa. 108:1
Psa. 37:4
Psa. 73:26
Psa. 51:10
Psa. 51:17
Psa. 19:8a
Psa. 119:11
Heb. 4:12

III. The & of Your Heart

Prov. 4:23
Prov. 4:23, ESV
Luke 6:45
Prov. 27:19
Prov. 28:14
Psa. 139:23-24

Conclusion

Matt. 5:8
Rom. 10:9-10

Recommended reading available at Christianbook.com

Keeping the Heart: How to Maintain Your Love for God by John Flavel