



CALVARY

CHRISTIAN CHURCH

Sermon Discussion Guide – The Fruit of the Spirit is – SELF-CONTROL

Galatians 5:22-23

1. How is self-control a work of the Holy Spirit? Why do we tend to rely on ourselves to produce self-control?
2. What are some ways we can show self-control by honoring God with our bodies?
3. Read 1 Corinthians 10:31. What does this verse teach us about honoring God?
4. How does avoiding an opportunity for temptation help us live with self-control?
5. What are some ways we can show self-control by honoring God with our minds?
6. In Romans 12, Paul encourages us to be transformed by the renewing of our minds. How does this renewal take place?
7. According to Philippians 4:8, what kinds of things should we think about?
8. What are some ways we can show self-control by honoring God with our emotions?
9. What is one area where you can grow in self-control this week?