



CALVARY

CHRISTIAN CHURCH

Sermon Discussion Guide – The Fruit of the Spirit is - GENTLENESS

Galatians 5:22-23

1. What does it mean to be gentle? Why is this aspect of the fruit of the Spirit often overlooked? When is the last time you asked the Lord to produce gentleness in you?
2. If we define gentleness (or meekness) as “strength under control,” what examples of gentleness have you seen?
3. How do we know that our heavenly Father is powerful and strong? How do we also know that He is gentle (see Isaiah 40:10-11)?
4. Matthew 11:28-30 teaches us about the gentleness of Jesus Christ. In what way does Jesus show that He is gentle?
5. How does knowing that God is in control give us confidence to remain gentle and meek?
6. According to James 3:13-18, what is the connection between wisdom and gentleness?
7. How does Paul describe his ministry in verses like 1 Thessalonians 2:7 and 2 Corinthians 10:1? What can we learn from his example (see 2 Timothy 2:24-25, Galatians 6:1, etc.)?
8. What would it look like for us to clothe ourselves with gentleness (see Colossians 3:12)? How can you live that out this week?